

# Teacher Reflection Journal Prompts

What was the highlight of today?

What didn't go as planned?

What is one thing you'd like to do better?

What is your strongest skill that you could teach a colleague?

Who is someone that you can lean on professionally?

What is one thing that you know now that you wish you knew when you first started teaching?

Who is one student that you would like to motivate more?

Who is one student that you have seen "the light bulb" go off for?

Who is one student who is disengaged and how can you involve them more?

Who is one student who is a strong role model that you can pair with another student?

Who is a colleague that you want to adopt some of their professional qualities?

What is one way that you are involved in the school community outside of the classroom?

Where do you go to reflect after a long day?

Where is a place in the school building where you can go to unwind?

What is the best way for you to reflect and gather your thoughts?

When do you make time to reflect?

When do you make time to collaborate with other grade level or subject area teachers?

Why is collaborative planning important to you?

Why did you begin teaching? How has that changed over time?

What is your biggest hurdle you've overcome while teaching?

What is one character trait that you'd like to embody?

What is one character trait that makes you a successful teacher?

Do you think empathy is essential in teaching?

When do you know that students "got it"?

When do you know that a concept needs to be retaught?

How do you use assessments to guide your instruction?

What message do you relay to your students about assessment? Is there more of a focus on performance or understanding?

How would you feel if you were a student in your own class?

What makes your classroom environment special and unique from any other classroom?

How do you make students feel included?

Do students see representations of themselves in your classroom, through literature or images?